



9/30/2016

NBRC Lap Pool

October

Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-12:00	6 lanes open 6:00-7:00 BHS	Lap Swim 6:00-12:00	6 lanes open 6:00-7:00 BHS	Lap Swim	Lap Swim 10:30-1:00	
6:30am								
7:00am			Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	4 lanes open 7:00-9:00 Boulder Swimming		Lap Swim
7:30am								
8:00am			2 lanes open 8:00-9:30 BAM					
8:30am								
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	3 lanes open 9:00-11:00 Flatirons	4 lanes open 9:30-10:30 BAM			
9:30am								
10:00am			Lap Swim		Lap Swim			
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM			
11:00am								
11:30am	Lap Swim 10:00-5:00				Lap Swim 11:30-5:00	Lap Swim 11:00-1:00	Lap Swim 10:30-1:00	
12:00pm		3 lanes open 12:00-1:00 BAM		3 lanes open 12:00-1:00 BAM				
12:30pm								
1:00pm						4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm								
4:30pm		3 lanes open 4:00-5:30 Flatirons	7 lanes open 4:00-5:00 BHS XCtry	3 lanes open 4:00-5:30 Flatirons				
5:00pm	6 lanes open		6 lanes open		6 lanes open 5:00-6:00 Elks	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30	
5:30pm	5 lanes open		5 lanes open					
6:00pm	3 lanes open 6:00-7:00 BAM & Lessons	Lap Swim 5:30-9:00	6 lanes open 6:00-7:00 Lessons	Lap Swim 5:30-7:00				
6:30pm								
7:00pm	6 lanes open 7:00-8:00 Pre/Post Natal			6 lanes open 7:00-8:00 D3				
7:30pm								
8:00pm	Lap Swim 8:00-9:00				Lap Swim 8:00-9:00			
8:30pm								
9:00pm								

"Lanes open" indicates lanes open to the public.

10/17 BAM Monday, Tu/Th, and Sunday practices begin